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C R C R

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THE ZION MORAVIAN CHURCH

Hilton J Joseph Pastor

Provincial Theme Fulfilling the Mandate

The Thematic Focus Step Out in Faith

(Developing God's People – Relinquishing Fear; Focusing on God))

> Foundation Text: Matthew 14:23-33; Luke 5:1-11

Conference Theme *Pursuing the Blessing: Empowered to do Ministry*

Motto

In Essentials - Unity In Non Essentials - Liberty In All Things - Charity

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FROM THE PASTOR'S DESK

Rev Hilton J Joseph

My Family in Christ,

This month's issue of From the Pastor's Desk is a continuation of the article entitled **"Finding Faith in Fear"**, written by the Chairman of PEC, Rev Dr Cortroy Jarvis.

I pray that as you read this article you will reflect on its contents and continually "seek God, enter into His rest and trust His word".

> Yours in Christ, *Hilton J Joseph*

Finding Faith in Fear

Now Faith is the substance of things hoped for, the evidence of things not seen. Hebrews 11:1

If we believe in God's word, if we trust completely in what He says, then we must know that He is present with us everywhere, even in the midst of the storm. Isaiah 41:10 says, "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the

right hand of my righteousness". Matthew 28:20 says, "Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world". When we are consumed with fear and doubt and the wind and waves are taking us under, we can be assured that Jesus is with us.

REV HILTON J JOSEPH

We know that we need to trust Jesus, but practically, how do we do that when we are being tossed about? Trusting in God means: **Seeking Him, Entering into His rest, and Trusting in His word.** Our faith requires action. James tells us that faith without works is dead.

- Faith seeks God in all things and at all times. In Matthew 11:28, Jesus was very specific in telling those who were heavyladen and overburdened to come to Him. If you are experiencing fear and doubt, it is because you are not trusting God enough. We need to trust God in everything. If your situation needs a miracle, you must understand that God is the only one that can perform that miracle. You must go to Him in prayer, casting all your cares upon Him and trust that He will handle it all, in His way and His timing, which is always perfect.
- **Faith enters into God's rest**. In a violent, life-threatening storm, Jesus was peacefully asleep. In our storms of life, we too can enter into rest with God. We must stop trying to do what only God can do. Often times, we ought to stand still and watch God work on our behalf. 2 Chronicles 20:15-17 speaks forcefully of this. It says,



Sterling Contribution in the Vineyard of God





has turned out to be a most significant one in the Rosevelt, Richard and Carl. They have all gone life of Susanna Hamilton (a. k. a. Aunt Sue) of on to become upstanding citizens making their Cayon on St. Kitts and Herbert Butler of Butlers societal contributions in a broad range of careers Village on Nevis. It has also turned out to be a including education and gospel ministry, among most historic day for the community of Cayon others. and the entire country of St. Kitts and Nevis. This was the birth date of Louisa Alvira Butler who Her last son Carl is also currently serving as has now traversed an entire century of life on this Treasurer for the Virgin Islands Conference of the earth.

known. Over the years the Bethesda Moravian in the Moravian Church. Church has had occasion to honour and pay to her simply as Mother Isaac.

sister (the late Sis Doris Lloyd) was born a few years earlier. Having been christened as a baby at Kitts.

consequence, she was raised largely by her school that operated in the area. mother who was a very devout Christian and a staunch Moravian. Mother Isaac tells of the The adjoining schoolroom at Bethesda was also

used to always say, "Sue, you all are from righteous people." This commendation was based on her mother's demonstration of love for the Lord by her involvement in church life as an ardent member

This was to be a great influence in Mother Isaac's own path of raising her eleven children later in her life. She was careful to ensure that all of her offspring were christened at Bethesda and most of them were also confirmed there. They were at all times fully integrated into the life of the Bethesda Moravian Church.

Even to this day, she speaks in very proud terms of her children: Herbie, Beatrice, Andrew, Jules, The 15th day of February 1914 was a day which Florence, Valerie, Percy, Doris (a. k. a. Lassie),

Moravian Church while Richard is a member of the Board of Elders of her home congregation of The Moravian Church St. Kitts Conference Bethesda. One of her grandsons (Rev Vankys celebrated the milestone with a fitting Celebration Isaac) who was raised by her is also a serving Service on 16 February 2014. This was but one of Moravian pastor in the Virgin Islands Conference. many accolades which have been conferred over They are continuing Mother Isaac's proud legacy the years upon Sis Louise Isaac as she is now of service to God through active forms of ministry

tribute to the sterling service of one of its more The education of her children was a great priority well known daughters. The entire Moravian for her. She points out that even at times when her community across St. Kitts and further afield refer children were not outfitted with shoes, they had to go to school. She also emphasized that even though her family did not have a lot (in terms of She was one of two girls born to her parents. Her the finer things of life) they were all contented and happy.

the Bethesda Moravian Church she went on to be Mother Isaac recalls that her own early church confirmed at an early age. She did spend some days were consumed by her attendance at various time during her early years at Butler's Village on Sunday schools on a weekly basis. In addition to Nevis but for the most part she grew up on St. her home church of Bethesda where she remembers persons like Ms Helen among others, she was also exposed to similar immersion in Her father (who was an Anglican) migrated to biblical instruction via other denominations such New York when she was very young. As a as the Elim Chapel and a Roman Catholic Sunday

constant reminder of a friend of her mother who the home of the elementary school of the

Sis Louise Isaac



Sterling Contribution in the Vineyard of God (Cont'd)

Everyone went to school there; even up to faceted story of her versatility. In addition course.

associated with the church's festivals and Easter, Harvest, Christmas and other church functions; reciting, singing and various pastors with the distribution of the engaging in other performing arts.

By far, her most prolific past-time was singing; which she did to great effect in various aspects of her involvement in church as a young person. She fondly According to Mother Isaac, it was at some recalls her nightly ritual of singing before time between the late nineteen sixties and going to bed. "I could not go to sleep the early nineteen seventies that Sis Adlyn without doing that" she says.

would frequent the church during the times choir was practising. when the Recognizing this, the choir leader took the service when it was discovered that the Mother Isaac asserts without hesitation that initiative and encouraged her to join the person who was slated to bring the spoken it was the grace of God that was group. This was the beginning of a long tour of duty that was interrupted only when asked one of her favourite Sunday school pundits also suggest that the secret to her she got married to Percy Isaac Sr. in teachers (Mother Isaac) to stand in as the long life may well lie in her avid August of 1932 and went to live in substitute. Basseterre. When her marriage ended some years later she returned to Cayon to She took up the challenge and delivered live with her mother in 1941 and re-joined her first formal sermon on that occasion. spontaneous and infectious laughter and the choir. Over time she became well The rest is history. Sis Isaac's involvement good humour, and her love for reading and known as part of a membership that in this area of vineyard service soon singing. included the likes of Brothers Arlington became a fairly regular occurrence. Salters, Uel Tyson and Edgar Morris, Sisters Agnes Bertie, Ruth Wilson, Rubie Mother Isaac's work life was somewhat and decisive love of the old hymns of the Willet, Dinzey Phillip, Estelle Walker, checkered. She recalls engaging in home Alma Browne, Stella Francois and domestic work for several sugar estate countless others over the years.

August of 1959 when she was challenged Bayfords. during the preaching of her son Andrew. When the altar call was extended, she She recalls that there was no transportation strode to the front of the church and was to take her to work at Parray's Estate in St. greater significance and quality to her She would then spend the next few days as mercy and grace. Christian walk.

community of Cayon and its environs. A record of her church life is a multi- the following Thursday. all of Sis Isaac's own children in due to her choir duties, she also became At one stage she also earned an income involved as a lay preacher for many years. from washing for the local policemen who She served on the Board of Elders were serving at the Cayon Police Station. She was also always involved in activities (formerly referred to as the Helpers Board) However, the occupation which endeared and the Board of Stewards at varying her to the hearts of many persons in the seasons. This was at the behest of her times. She was a member of the Women's community was her role as a seamstress. mother who insisted that Louise and her Fellowship serving at one stage as the She made clothes for all and sundry in her sister Doris must at all times participate in President of that group. She also served as community over a period of approximately an acolyte for many years, assisting six decades. Sacraments at Holy Communion. Her decades of service as a Sunday School There are many persons who openly teacher extended up until she was ninety express their wonder and amazement at the years of age.

Binta Mgonela (then Adlyn Hamilton) who as a youth encouraged her to get involved In that same vein, as a young girl she in the preaching aspect of congregational ministry. Sis Adlyn had been responsible for making arrangements for a particular Word was unavailable. Sis Adlyn had then paramount in her journey. However,

senior personnel. Among them were: a Mr. Pencheon who resided at Hermitage Estate Sis Isaac credits her closer walk with God and later at Parray's Estate; a Mr. Boone at in her. to an instance on the first Sunday in Ottley's Estate; and a Mr. Evelyn at

a 'live in' worker; returning to Cayon by

thought of being in the presence of someone who had survived so much of this world's events and tough times. There was the First World War of 1914 to 1918; the roaring twenties and the great depression which was well known for difficult financial times; the Second World War of ignoble memory; the thirteen weeks strike of the late forties, to mention a few.

inclination towards walking, gardening, a great relationship of love in relation to all of her children and grandchildren, her

As a Moravian, she was not without a clear faith. Although she finds it difficult to select a favourite song, when pressed she indicated that both Sweet Hour of Prayer and Ship Ahoy invoked special emotions

The Voice of Zion Committee joins with the entire Moravian community within the St. Kitts Conference in lauding the service of our dear Mother Isaac to her church and followed by several others. This was to be Peters. Hence she would walk to work on community. May she continue to be the beginning of a new-found relationship Monday after preparing all of her children blessed in abundance by the Almighty God with her Lord and Master that brought for their attendance at school for the week. to whom she constantly looks for succour,

Sis Louise Isaac



PEC Reports

Hymn of the Month for April 2014

For April, the hymn of the month is **#72** in the current hymnal. It is the hymn "What Grace O Lord, and Beauty Shone" and was written by Sir Edward Denny in 1839. The recommended tune is **St. Flavian** which is also the set tune

The metre of the hymn is a common metre. The hymn takes a broad look at the life of Jesus and aims to highlight those qualities that we can exemplify as his followers. These include his patience, his faithfulness, his willingness to love and forgive both his enemies who hated him and his friends who abandoned him. When we pay attention to these attributes of the Lord, when our lives are united with His these same traits will be manifested in and through us. In so doing, we mirror the person of Jesus to a world that needs to experience first-hand the reality of Jesus. The world cannot help but see the grace and beauty of Christ when as his followers our lives radiate these virtues because we have been Left to Right: Reverend Eulencine Christopher (Clergy joined to Christ by faith.

Below are the words for this hymn:

What grace, O Lord, and beauty shone Around thy steps below! What patient love was seen in all Thy life and death of woe!

Thy foes might hate, despise, revile, *Thy friends unfaithful prove;* Unwearied in forgiveness still, Thy heart could only love.

O give us hearts to love like thee, *Like thee, O Lord, to grieve* Far more for others' sins, than all The wrongs that we receive.

One with thyself, may every eye In us thy brethren, see The grace and gentleness that spring From union, Lord, with thee.

New Executive of the Moravian Church VI Conference

The Moravian Church Virgin Islands Conference elected a new Executive Board at its 22 February 2014 meeting held at Friedensthal Moravian Church Hall, St. Croix.



representative), Sister Evannie Jeremiah (Assistant Secretary), Sister Yvette Williams (Assistant Treasurer), Reverend Vankys Isaac (Acting Superintendent), Brother Ira Bowry (Lay Representative), Sister Jeanette Smith-Barry (Secretary) and Brother Carl Isaac (Treasurer). Missing is the Reverend. Dr. Winelle Kirton-Roberts (Superintendent).

Provincial Youth Camp

The Provincial Youth Camp will be held in Barbados from 10 to 17 July 2014. Let us remember our young people in our prayers as they prepare for the Provincial Youth Camp.

Music Workshop

A Music Workshop was held from 28 April to 03 May 2014 in the Antigua Conference.

The Music Committee revisited the text and music of the new hymnal. Organists and musicians from the Antigua Conference and the general membership were invited to share in the sessions.

All conferences were represented at this workshop.

Unity Board Meeting

Mikie Roberts (Rev) The Unity Board of the Moravian Church will convene its Chair, biennial meeting in Kigoma, Tanzania, Eastern Africa from 03 Provincial Hymnal Committee. to 12 May 2014. At this meeting, all heads of Moravian Provinces will attend and present a report on their province. Let us continue to pray for our church which is facing a number of internal challenges in different areas of the Unity.





Zion's Mother of the Year

Sis Josephine Christmas



Sis Josephine Christmas

²⁵ She is clothed with strength and dignity, and she laughs without fear of the future. ²⁶ When she speaks, her words are wise, and she gives instructions with kindness. ²⁷ She carefully watches everything in her household and suffers nothing from Sis Christmas' advice for mothers is as follows: *laziness.* ²⁸ Her children stand and bless her. Her husband praises her: ²⁹ "There are many virtuous and capable women in Remember the vows or promises you made before God and man the world, but you surpass them all!" ³⁰ Charm is deceptive, and to bring your children up in the nurture and admonition of the beauty does not last; but a woman who fears the LORD will be Lord and in the fellowship of the church. greatly praised.³¹ Reward her for all she has done. Let her deeds publicly declare her praise. Proverbs 31:25-31 New Living Your children are not given to you, they are lent to you; they are Translation (NLT)

Traditionally, a specific day in May has been ear-marked regionally and internationally (with some exceptions), for the recognition of Mothers. The day has become so commercialized, particularly by business entities, that we tend to forget the mammoth role expected of mothers in society and in the lives of Observe what they watch on the internet and television. their children, especially those who have the dual role of both mother and father.

This year the Voice of Zion Committee and the Church's membership wish to recognize the outstanding efforts of one of our mothers, Sis Josephine Christmas, who ably mothered ten children, actively participated and continues to participate in various church groups (Senior Choir, Women's Fellowship, Board of Elders, Dorcas Ministry, Flower Arranging), while pursuing a nursing career. When she resigned from the Civil Service in 1965 to deal with domestic duties, she continued to work as a private nurse and midwife. She later re-entered the therefore that I can do or any kindness that I can show to any Civil Service in 1982 to work at the Cardin Home, contributing human being, let me do it now! Let me not defer it nor neglect it another fifteen years as a nurse, before retiring to attend to her for I shall not pass this way again! ailing husband who had been involved in an unfortunate motor vehicle accident.

Sis Christmas' children are all adults and professionals in various fields of employment, namely medical, preaching, engineering and teaching. They are all making meaningful contributions in the lives of individuals with whom they come in contact. Sis Christmas attributes her children's success to their Christian upbringing. Despite the fact that she has a large family. Sis Christmas has willingly opened her home to many strangers providing them with shelter, food, words of comfort and even words of rebuke. Many refer to her as Mommy, Mummy or Mom.

She still plays an active role in her children's lives, keeping in touch with those who reside overseas, primarily through the internet. She indicates that her own health issues have not prevented her from travelling overseas frequently to attend family functions, inclusive of graduations, weddings and child births. In 2009, she spent eight months in the USA to assist one of her sons with triplets. Despite her health issues and frequent absences from the island to deal with family issues, Sis Christmas willingly continues to utilize her talents in the church; she is currently a member of the Senior Choir.

the Lord's; just as Samuel was lent to Hannah. Therefore, don't send them to church and Sunday School, BRING THEM. Set them a Godly example. Love them, not with expensive gifts and clothes, but with your time together. Pray with and for them. Teach them to pray for themselves and others. Let your 'yes' be 'yes' and your 'no' be 'no'. Watch the company they keep.

As the branch or bough is bent, so it is inclined to grow. Straighten it while it is tender.

"Train your child in the way he/she should go and when he/she is old he/she will not depart from it." Proverbs. 22: 6

May the Lord grant all mothers a Blessed Mothers' Day.

Favourite Quote: BUT ONCE

'I shall pass through this world but once any good thing



Zion's Mother of the Year (Cont'd)

A MOTHER'S MISSION A mother's job is special And carries strong demands With the molding of the little life God places in her hands

Though her life may not be glamorous The world will see her worth For 'tis true "The hands that rock the cradle Are the hands that rule the Earth."

Sis Josephine Christmas

To bring her children up in Christ, Indeed is very much For the years will show her value By the lives, their lives will touch.

Ramona K. Cecil



From The Pastor's Desk (Continued)

"And he said, Hearken ye, all Judah, and ye inhabitants of Jerusalem, and thou king Jehoshaphat, Thus saith the LORD unto you, Be not afraid nor dismayed by reason of this great multitude; for the battle is not yours, but God's. Tomorrow go ye down against them: behold, they come up by the cliff of Ziz; and ye shall find them at the end of the brook, before the wilderness of Jeruel. Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the LORD with you, O Judah and Jerusalem: fear not, nor be dismayed; tomorrow go out against them: for the LORD will be with you". Most of the time God simply wants us to believe (2 Chronicles 16:9).

Entering into God's rest means continuing to trust Him, even if our situation does not change. We cannot change our circumstances if the circumstances we are in are God's will. We must trust Him for He has promised to work all things for our good. Jeremiah 29:11 declares, "For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end". We might not be able to see how the trials and tribulations of our lives can possibly be used for good, but God is sovereign and we are not; His ways are not our ways. Isaiah 55:8-9 says, "For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts".

- Faith trust God and His word. It is difficult to be an unbelieving believer. You either trust God or you don't. You trust His word or you don't. Faith does not walk by sight, because every time you step out in faith, you can rest assured, you are going to be challenged with something that contradicts it.
- Faith is a choice, not a feeling. It is a choice that declares, regardless of the way things appear, "I trust God". Never

forget that God sees your life from beginning to end. He is the Omniscient, all knowing, all caring, all loving God. He is the Omnipresent ever-present God in every situation. He is the Omnipotent all-powerful, Almighty God. There is nothing in your life that goes beyond His control. Trust God to bring about victory in your life. The Psalmist declares in Psalm 22:5, "They cried unto thee, and were delivered: they trusted in thee, and were not confounded".

The test is for us to trust Jesus in any situation. He has not jumped out of the boat of your life. Seek God, enter into His rest and trust His word. The song writer John Newton will conclude this message:

> Begone, unbelief; My Saviour is near, And for my relief will surely appear: By prayer let me wrestle, And he will perform; With Christ in the vessel, I smile at the storm.

Though dark be my way, Since he is my guide 'Tis mine to obey, 'Tis his to provide, Though cisterns be broken, And creatures all fail, The word he hath spoken, shall surely prevail.

Since all that I meet, Shall work for my good, The bitter is sweet, the med'cine is food; Though painful at present, 'Twill cease before long; And then, O how pleasant, The conqueror's song.

J. Newton (1779)

Rev Dr Cortroy Jarvis Chairman MC EWIP PEC

Exercising for Improved Health

Keep exercising!



of the diseases prevalent in Federation and worldwide could be avoided and/or controlled * through the use of physical exercises? Research has shown that regular physical exercises * boost the immune system and assist in the prevention of some of the

No, you don't look like a moron... why?

most prevalent chronic diseases such diabetes, hypertension, strokes, heart diseases and obesity. Exercises also assist in the improvement of mental health, help in the prevention of depression and generally help to promote and maintain positive self-esteem.

Some of us may recall the physical education sessions which preceded the academic sessions when we attended the primary and even secondary schools. We wondered then of the benefit of these sessions. We enjoyed walking long distances to and from * school and the many hikes not realizing the physical benefits. There are different types of physical exercises which can be utilized on a daily basis:

- There are the stretching exercises which assist in the strengthening of the muscles and joints. These can be done on a daily basis for a few minutes or even for an hour depending on your endurance. Remember age is just a number; hence any age group can participate in these stretching exercises, ranging from the simple to the more complex, the supervised or un-supervised.
- * Aerobic (also known as cardio) exercises such as walking, swimming, jogging/running, cycling, skipping rope, gardening and playing of tennis, help with the cardiovascular endurance. These exercises can be done in the early morning or in the late evening, depending on your preference and your work schedule. Persons undertaking the aerobics in the morning have the added benefit of the clean fresh air which energizes them for a productive day at school/college and the workplace. For those who choose to exercise in the evenings, there is the additional benefit of de-stressing after a hard day in the classroom or workplace.
- * Anaerobic exercises such as weight training and sprinting are reserved for the athletes and seasoned 'exercisers' who are focusing on increasing their muscle strength.

Do you know that many Stretching Exercises

now Outlined below are a few stretching exercises which are the recommended for strengthening the muscles and getting you and ready for a brand new day.

- * While standing straight, move your hands back and forth for a few minutes. This simple exercise helps to warm up the joints, the spine and regulate your breathing.
- * Move/stretch your hands up to the sky; bring down your hands while gently releasing the air you have absorbed. Repeat these stretches a few times.
- Place your hands on your thighs, bend the knees and make circles with your body, first clockwise then anti-clockwise.Follow up with forward movement, then backwards for a few times.
- Warm up your shoulders next spread the arms wide, then make small circles forward with the hand, followed by medium circles, and then advancing to large circles.
- * Undertake shoulder shrug backwards, inhaling while shrugging the shoulders, then exhaling loudly downwards. Shake out the shoulders to loosen the joints.
- * Clasp the hands to the centre of the body as though in praying mode; take several full breaths then release.
- * Place the left arm over the head, inhale for a few seconds then exhale, repeat this exercise a few times then repeat the exercise using the right arm.

After all those stretches your muscles should be strengthened and you should be ready for a productive day.

Aerobics and anaerobic exercises.

Aerobic exercises have been considered as the most popular approach to achieving weight loss and physical fitness. The aerobic exercises which have already been listed above are selfexplanatory; therefore the focus would be on outlining the benefits of the exercises. While undertaking the exercises the following occur:

- * The muscles involved in respiration to facilitate the flow of air in and out of the lungs are strengthened.
- The heart muscle is strengthened and enlarged so as to improve its pumping efficiency and reduce the resting heart rate, known as aerobic conditioning.



Special Prayer Requests



Whether your need is small or great, you are welcome to use God's direct 24-hour hotline — prayer!

His promise is, "*Call to me and I will answer* you." (Jeremiah 33:3) **This month, let us remember in prayer** the following persons

listed below and be reminded that *'you will receive whatever* you ask for in prayer." (Matthew 21:22)

Sisters Laverne Huggins, Gloria James and Veronica Stevens (USA).

Brother Tonito Lee (UK).

Sisters Desdemona Henry and Dorette Rawlins and Brothers Ernest Christopher and Earl Brotherson (St. Kitts).

Sweet Hour of Prayer

Please remember in prayer our Zion Shut-Ins. Their names are as follows:



Sisters Connie Smith, Elaine, Osborne, Margaret Seaman, Nora Godwin, Winifred Phipps, Brenda Manners, Mavis Deosaw (Overseas) and Abdelita Glasford (Barbados). **Brothers** Vernon Connor and James Phipps.

Celebration Corner



May Birthday Celebrants

1st - Sis Jillian Musgrave-Archibald, 4th - Bro James Thompson, 5th - Bro. Oliver Glasford, 6th - Sis Marilyn Claxton, Sis Londre Bass, Sis Petula Clarke, Bro Cecil Francis, Sis Marilyn Cotton, 7th - Lanelle Sargeant (USA), 9th - Bro Vernon Connor, 10th - Bro Carl Greaux, Bro Wilmoth Roberts, Sis Sasskya Archibald, 11th - Bro Jon-Lewin Watson, Sis Sharaine Mc Sheen, 12th - Sis Sylvia Benjamin, Sis Donna De Silva, 15th - Sis Kilene Belgrove-Richardson, Sis Domina Christmas-Brisport, 16th - Sis Xianise Comrie, 12th - Sis Tamara (Tammy) Liburd, Sis Donna DeSilva, Sis Sylvia Benjamin, 20th - Sis Christel Joseph, 21st - Sis Sylvia Samuel, Bro Shevaun Williams and Bro Le Quan DeSuza, 22nd - Bro Johneal Harvey, 25th - Bro Malcolm Sargeant (USA), 27th -Bro Mervin Phillip, 29th - Sis Amalyn Okyere Sargeant (USA) and Sis Darcel Warner



May Wedding Anniversary Celebrants

Bro Sidney & Sis Pamela Osborne	02 May
Bro Michael & Sis Gail James	09 May
Bro Ben & Sis Telca Francis	25 May

College Prayer Watch



Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him (James 1:12 (NIV). Studying abroad and being away from family and loved ones is a stressful time for many students. Hence, this is why the Zion Community is asking members of the Congregation to bear up in prayer our student members studying overseas. Their names are as follows:-

UNITED STATES

Sis Shanelle Sargeant Sis Lanelle Sargeant Bro Withley Williams Bro Zaavan Hobson Bro Dujon DeSuza Bro Glassil DeSilva Sis Vicky Liburd Sis Tonya Watts Sis Akila Moore Bro Christin Scarborough **ST THOMAS USVI** Sis Nadia Francis Sis Amanda Bridgewater

JAMAICA Bro Moise Jean Sis Yvanne Jean TAIWAN Bro Lindbergh Belle

UNITED KINGDOM Sis Giovanna Matthew-Mattenet

CANADA Bro Alester Thomas





For Your Calendar

May 2014

Please take note that **Bible Study** continues every **Tuesday**, starting at 7:00pm.

Zion Youth Fellowship continues every Friday from 7:15pm to 9:00pm. All youths (age 10 and up) are invited to come and share in this ministry. Please take note.

The **Zion Youth Choir** meets every **Saturday at 3:00pm**. Members are asked to take note and to be punctual.

Shut-in Communion will be held on Tuesday 06 May 2014 at 9:00am.

The Moravians will be responsible for ministering at the St. Kitts Outreach Centre from 26 to 30 May 2014. Members are asked to note and assist wherever possible.

All men are reminded of Men's Ministry Sunday on 18 May 2014.

A special offering for the **Zion Bus Ministry** will be taken on **Sunday 18 May 2014** during the morning's worship. Please give generously to this vital church ministry.

Copies of the **2013 Emancipation Concert Collector's Item DVD** are available at the church office at a cost of EC\$40. However, you are welcome to give a love offering of \$50. Persons purchasing five (5) or more copies will be entitled to a special price of \$30 each. This DVD makes a great gift to relatives abroad.

The **Kingdom Prayer Hotline** is available for all who are desirous of prayer. The following are the numbers that persons may call for prayer: **662-2007**, **662-8007**, **662-6007**, **662-7007**, **766-6577**, **and 766-6579**.

Copies of the new **EWIP Moravian Church Book of Order** are now available and can be purchased from the Church Office for **EC\$20.00**. There are only **21** copies available.

GEMS as Eagles Ministry Int'l under the Apostolic Covering of Divine Destiny Worship Centre and in collaboration with the Pastors of St. Kitts present Women's Conference 2014, "I Am Woman" with guest speaker Apostle Jemma Duncan at the St. Kitts Marriott Resort from 14 to 16 May 2014 at 7:00pm nightly and on Saturday 16 May 2014 at 1:00pm. Registration fee is EC\$100.00 and is open to all women from the age of eighteen (18) and above. Registration forms are available at the Church office. Brothers this is a perfect Mother's Day gift for that special woman in your life.

Exercising for Improved Health (Cont'd)

- * There is improvement in blood circulation efficiency and reduction of the blood pressure.
- * The total number of red blood cells in the body increase facilitating the transportation of oxygen throughout the body.
- * Improved mental health, including reduction of stress and lowering of the incidence of depression is achieved.

There is reduction of risk for diabetes and hypertension.

Research has shown that aerobic exercises can reduce the risk of death due to cardiovascular problems. In addition, high impact aerobics such as jogging or skipping rope, can stimulate the growth of new tissues, assist in tissue repair and bone growth. They also reduce the risk of osteoporosis in both sexes.

Another benefit is the increased storage of fats and carbohydrates within the muscles, allowing for increased endurance.

Do you recall that old adage 'An ounce of prevention is better than a pound of cure'? The health professionals are encouraging preventative action rather than focusing on after-care. If you haven't started on your exercise regime, this is an opportune time for you to start. It's not too late to include exercising on your to-do-list for 2014.

~ Contributed by a VOZ Committee Member

Thank You Message from the Family of the late Glenford 'Pilly' Gumbs Jr

The family of the late Glenford 'Pilly' Gumbs Jr extends sincere thanks and appreciation to the Leadership and Members of the Zion Moravian Church for their prayerful support, floral tributes, cards, telephone calls and attendance at the Service of Thanksgiving held on Thursday 10 April.

Your presence and many acts of kindness were greatly appreciated. May you be blessed for reaching out to us during our time of sorrow.

May our loved one rest in perpetual peace and may the good Lord continue to hold each and every one of us in the palm of His hands.

God's richest blessings!

~ The Gumbs Family



Instrument of Peace



Mother's Dav is fast approaching and I am sure that many of us have already chosen our gifts. Some of us may choose to present the mothers in our 'family and friends' circle with flowers, jewellery, fruit baskets and so on. It is an exciting time as we honour mothers in a special On this day, I look way. forward to attending the

Mother's Day service at Zion and enjoying the programme hosted by the men and youth of Zion. There is always an element of surprise. Added to this, the tributes in song from the various groups within the Church chosen for this special day are always well executed and well received by those in attendance. I am not sure if you will agree with me that there is really no way to celebrate mothers quite as evocative as music.

In my search for a suitable song to honor this special day, I stumbled upon the following song. I trust that it would be a source of inspiration for all mothers and children too. As mothers, let us all renew our commitment to raising our children in the best way possible. Let us continue to provide strength for our respective families and gratefully proclaim how great God is in our lives. Our God is unchanging, unfailing and can do unimaginable things.

Continued blessings!

Mother's Day Song

I don't remember much about when I was born But I know you took care of me all day long I see photos of me making mess after mess Mother, when ever did you get any rest?

I'm glad you're my mother and I'm glad I'm your child I'm sorry if sometimes I act way too wild but I know you wouldn't have it any other way I love you, Mom. Happy Mother's Day!

I managed to grow and you helped all the way from diapers to bottles to grade after grade though I don't say this often I wish I did after all mom I am only a kid

You know I think you're pretty so don't take this wrong but you look kind of tired pretty much all day long you drive me all over like a New York city cab by night time you look like you had it

Mother's Day Song

Now that I'm older I look back and see all that you did just because of me you gave up a lot you know I know that now I'll do the same for my kids someday

I'm glad you're my mother and I'm glad I'm your child I'm sorry if sometimes I acted too wild but I know you wouldn't have it any other way I love you, Mom. Happy Mother's Day!!

Written by: Tom Gardener

~Contributed by a VOZ Committee Member

CONDOLENCES

The Leadership and Membership of the Zion Moravian Church express condolences to:

Bro Levi Bradshaw and Family on the passing of:

Sis Ruth Anne Lydia Bradshaw Gilbert (Mother)

Sis Muriel Warner-Browne and the **Warner Family** on the passing of:

Bro Maxwell Browne (Husband)

Brothers and Sisters, be comforted by the following words from **Revelation 21:4:** *He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.*

May the souls of your loved ones rest in eternal peace.

Note of Apology

The Voice of Zion (VOZ) Committee wishes to express sincerest apologies to Sis Charmaine Seaton. We hereby note that the poem printed on page 10 of our April 2014 issue was written by Heather Archibald and not Sis Seaton as previously mentioned. Thanks for your kind understanding.

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Wednesday Morning Prayer Fellowship



Members of the Wednesday Morning Prayer Fellowship

Prayer is the Soul's Sincere Desire

"O Thou, by whom we come to God, the Life, the Truth, the Way: the path of prayer thyself hast trod; Lord, teach us how to pray."

We ended the year of 2013 on the 26th December, with our usual Prayer, Praise and Fellowship morning and also shared a delicious breakfast.

We were encouraged to reflect and share how good our God was to us throughout 2013.

Of course we all had MUCH to thank God for as is the usual; plus for the meal and the reflections we had shared.

Our twelve months of 2013 Intercessions were filled with 'prayer - in faith and hopefulness' and showing love for EVERYONE whether of our Faith or not (even humour).

We continue to thank God for spared lives and all His promises to us; For anointing us with His Holy Spirit, His love and favour.

For all the promises of God in Him are yea, and in Him Amen, unto the glory of God by us. 2 Corinthians 1 v20

We welcome any who wants to attend on a 'special occasion', or during a period of 'special need'.

Many 'praise reports' have been given for answered prayers. Our trust is in God's word which says:-

And it shall come to pass, that before they call, I will answer;

while they are yet speaking, I will hear. Isaiah. 65:24

Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not. Jeremiah 33:3

God is faithful and may He keep us faithful in our daily prayer walk with Him.

We go forward into 2014 with confidence that where two or three are gathered our Lord is present to bless.

Lord teach us how to pray aright.

Give these, and then Thy will be done, Thus, strengthened with all might, We, through Thy Spirit and Thy Son, Shall pray, and pray aright.







70+ Celebrant





Sister (Sis) Hyacinth Gumbs is a native of St Kitts and enjoyed her fun-filled childhood in Molineux, St Kitts and Anguilla. А Registered Nurse by profession, Sis Gumbs was also trained in Midwifery in the United Kingdom. Her nursing career at the Joseph N France General Hospital culminated with her position as a Ward

Sister. Sis Gumbs migrated to thankful to the leaders of this the United States of America ministry for the opportunity to (USA) and gained employment fellowship with other seniors. as a Registered Nurse in the She thoroughly enjoys the Medical and Surgical Unit at the various activities and trips that Queens Hospital Centre in the members participate in on a Jamaica, Queens, New York.

"I am so happy that I have been blessed with the opportunity to enjoy my retirement. Although I return to New York for vacation on an annual basis, it is such a joy to be free from travelling on the trains and buses daily from Manhattan Queens. I give God thanks for blessing my life", she stated enthusiastically.

As a member of the Moravian Senior Club, Sis Gumbs is regular basis. As she expresses praise and thanks to the Leadership and Members of Zion for embracing her upon her return to St Kitts, she also finds renewed hope and peace in her favourite hymn My Faith Looks Up To Thee.

to Sis Gumbs, we pray for peace, prosperity and good health on your life. May your blessings continue to multiply and may new opportunities for spiritual growth take hold in your heart.

~ Divine Worship & Holy Communion Sunday 04th May 2014 (3rd Sunday after Easter)

Pastor & Celebrant - Reverend Hilton J Joseph * Worship Leader - Sis Delyth Christmas

Watchword for the Week	Free Will Offering, Voice of Zion, Windows Project
"You have been born anew, not of perishable but of	Prayer of Dedication
imperishable seed, through the living	Church Concerns & Celebration
and enduring word of God." 1 Peter 1:23	
ORDER OF SERVICE	Preparation for the Sacrament
Interait	Hymn # 200 Just As I Am, Without One Plea
Introit	
Call to Worship	The Sacrament of Holy Communion
j	The Invitation
• • • • • • • • • • • • • • • • • • • •	Prayer
Prayer Approach	Hymn # 330 Rock of Ages
Song:	1st Eucharistic Prayer
Moments of Intercession	Distribution of Bread
Item of Praise Zion Senior Choir	Hymn # 37 Praise to the Holiest in the Height
Ministry of the Word	Hymn # 145My Song is Love Unknown
Song: Sing Them Over A gain to Me	2nd Eucharistic Prayer
OT Lesson Psalm 116:1-4,12-19 Sis Rahmona Casey	Distribution of Wine
NT Lesson St. Luke 24:13-35 Bro Alphonso Bridgewater	Hymn #153 It is a Thing Most Wonderful
Sermon Rev Hilton J Joseph	Hymn #186 Blessed Assurance
Altar Encounter	Hymn #218Jesus, Master, whose I Am
Hymn	Prayer of Thanksgiving
Worship in Giving Tithes & Offering, Bus Ministry, Youth Bottle,	Covenant Hymn # 422 Blest Be the Tie that Binds The Blessing

This month's issue of the Voice of Zion is sponsored by Sis Clarita Richards, The Gumbs Family and the Wednesday Morning Prayer Fellowship.

Sister Hyacinth Gumbs