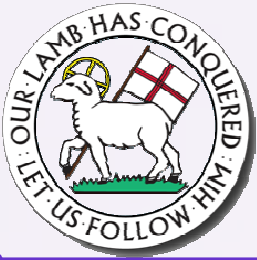


# A COMMUNICATION FROM THE CHAIR OF PEC - EWI PROVINCE



## The Information

"I must turn aside and look at this great sight..." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses" And he said, "Here I am." Exodus 3 vs 3-4 (NRSV)



**Rev. Algernon Lewis**  
**Chairman of PEC**

### Lenting

Is that a word? Not yet! I have a feeling it might become a word eventually if more people use it. I first came across this word when one lady asked another if she was "lenting" this year. As the conversation continued, I came to understand that she was asking her about the spiritual practices she would be engaging in for the season of Lent. Ingenious!

Are you "lenting" this year? Some people already know what they are doing. By the time this article is published, you would be well on your way with your "lenting". For others who are not sure they can fast or do any of the other popular practices, you might have given up by now thinking that nothing fits into your life. Mind you, most of us who grew up in church want to do something for Lent. So, what are the options?

For Lent 2022, the Moravian Church EWIP is hosting three sessions of Repentance, Reconciliation, and Restoration/Renewal. Lent offers a wonderful period to consider the matter of repentance. What is it and how will it affect you?

Bishop Dr. Conrad Spencer shared that "Repentance means a change of mind and action;" a change of mental attitude and conduct; it "means that we are determined to enter upon a better course/path of life." "Change of Mind involves change of thinking, change of lens, change of perspectives, change of frames, change of direction, or change of paradigms." Bishop Spencer asked about the attitudes, conduct, and behaviour that need to be changed. As we reflect on our lives, we may see areas that need to be changed. Make a list of five, even ten things that need to change and then cut that down to about three. Look at that list of three and choose one thing you will do for the remaining days of Lent. For those who cannot come up with a list, Here are three areas to look at during Lent – our priorities, our economics, and our generosity and service to others.

*Continued on Page 2*

March, 2022

*Lenting Pgs 1,2 & 6*

*Cultivate Community  
Pgs 3,4 & 5*

*Unity Prayer Watch  
2022 Pg 4*

*Open your heart  
Pg 4*

*Provincial Watchword  
Pg 5*

*Theological Education  
Sunday pg 5*

*Celebration time Pg 6*

*Bible Study Stay in the  
word Pg 7*

*Rental of Moravian  
Multipurpose Complex  
Pg 8*

### Vision Statement

**A Church - Transformed,  
United,  
Victorious in Christ**

### Mission Statement

By the grace of God, we seek to be faithful to our Lord Jesus Christ; without distinction, we use all that we possess to call all peoples to the truth of the Gospel through worship, Evangelist discipleship and service.

### Mailing Address

Moravian Church - EWI Province  
Cashew Hill, P.O. Box 504  
St. John's, Antigua  
Office: [moravianchewip@gmail.com](mailto:moravianchewip@gmail.com)  
Chairman: [moravianchurchewip@gmail.com](mailto:moravianchurchewip@gmail.com)  
**WEB ADDRESS :** [//www.moravians.net](http://www.moravians.net)

## *Lenting continued from Page 1*

What does repentance look like in the area of priorities? This question assumes that we have intentionally listed our priorities. What are your priorities? Have you ever answered that question? The fact that none has been intentionally chosen, does not mean they do not exist. Usually, one can know what the priorities are, based on the time spent on these activities. The exception of course is work in that we are required to spend eight hours at work. What are your priorities? When the time stamp comes in, what does it show? What does it say about your priorities? These are not judgment questions but strategic questions to adjust actions.

Each person must determine what is most important and ensure that there is evidence to support the claim. Did you learn anything from the COVID-19 pandemic that caused you to shift priorities? What was the new learning and how does it look on the ground? Unless there is evidence, then the case is shaky. In other words, there needs to be some repentance – change of perspective, mind, attitude, conduct, behaviour, and the like. Lent is calling us to follow through on our desire with equal action. So, again I ask the question, what are your priorities? Where do you spend most of your time and effort? Where are you most mentally invested? If the answer on the paper does not match the answer in your head, what happens now? I repeat, Lent is calling us to follow through on our desires.

Repenting requires a change in action. If the priority is family, then be more intentional about being present with family. Little things like eating together, watching a movie together, just talking together, praying together can begin to shift the emphasis. Do not get trapped into thinking it is too late. Give it a try and follow through on the thought process.

Let me just insert here that most of us need to set aside time for rest. Rest is not a reference to time for sleep. I mean rest as in Sabbath. Whenever the term Sabbath comes up, we think of the Seventh Day Adventist. However, Sabbath speaks about rest from labour. Sabbath is an act of faith that says, I leave that which is undone in the hand of the Lord. The alternative is the attitude that everything depends on us and

so I must keep working to make things happen. Sabbath needs to be part of our lives as people of faith.

Another area to consider repentance is in the area of economics/consumerism. There is a constant message that indoctrinates us into buying more things. It might be lunch, phone credit, hairstyles, entertainment, technology, items of clothing, furniture, services, and the like. The continuous consumption of capital goods seems to be the underlying mantra. Production of those goods is someone else's responsibility.

What if for Lent we can repent of our consumeristic ways? What if we looked at all our spending for the last week or month to see the spending patterns and plug the holes? What about cancelling subscriptions to things that we might not really need? You may use them, but are they really necessary? Need I mention anything about US mailboxes and Amazon Prime? Online orders may be an addiction. It is part of the consumerism that engulfs our society from which we need to repent – change our attitude, conduct, and behaviour.

We grew up in simple societies where we learned to be satisfied with what was provided until better was possible. Our friends in the North have convinced us that we need more “stuff” to be satisfied. This Lent, let us challenge that notion. “Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions” (Luke 12:15). Does this sound like something you need to repent from? Do you think that life would be better if there was a change in attitude, conduct, and behaviour where consumerism is concerned?

The area of generosity and service is another place where we might need to repent during Lent. This might sound strange for many people who think of repentance purely from the perspective of moral failure. Jesus came to give us life more abundantly and that involves the whole of life. In Matthew 25: 31-45 Jesus talks about doing acts of kindness and service to others. There is the reference to providing food, water, shelter, clothing, care, and presence. Are those acts of kindness intentionally part of your life? Do you want them to be part of your life?

*Continued on Page 6*

# Advance the Kingdom ~ S.H.I.F.T

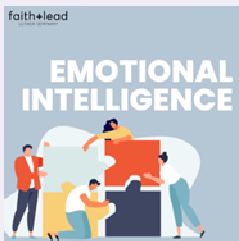
## CULTIVATE COMMUNITY

### The Leader's Emotional Intelligence: Awareness and Action

Knowing yourself well impacts care for others  
by Jeanette Robert | March 2, 2022

You receive a call late at night from a member of your congregation in crisis, expressing suicidal thoughts. During your phone conversation, they reveal that they are also struggling with addiction. *What do you do next?*

A worshiper stops to speak to you after service. She shares that her mother passed away last year; tomorrow is her mother's birthday. She breaks down and cries; she is still dealing with grief. *What do you say?*



A church member sets an appointment to talk with you. They directly ask you about your position regarding same-sex marriage. *How do you respond?*

Each of these scenarios requires attention in the moment and gentleness, with caution, in responding. Whether a person is [suicidal](#), [grieving](#), or struggling with moral questions, it is important to know ourselves and our God before responding too quickly. In the Bible we are encouraged to be quick to listen and slow to speak. Many times we cannot help it that [our own emotions](#) or the emotions of others cloud the conversation and could injure the mission of loving people.

#### What is Emotional Intelligence?

[Emotional Intelligence](#) is your capacity to be aware of and *manage your own emotions while effectively empathizing with others*. Some examples are:

- Being able to accept criticism and responsibility.
- Being able to move on after making a mistake.
- Being able to say no when you need to.
- Being able to share your feelings with others.
- Being able to solve problems in ways that work for everyone.

- Having empathy for other people.
- Practicing great listening skills.

According to Daniel Goleman, there are five key elements to Emotional Intelligence: self-Awareness, self-regulation, internal motivation, empathy and social skills.

#### Self-Awareness

Let's start with self-awareness by asking ourselves these questions.

- How well do we know ourselves, our moods, what drives us?
- What effect do we have on others?

#### Self-Regulation

When we are able to control or redirect our own disruptive impulses or moods this is called self-regulation. We become more effective listeners when we couple this with the ability to suspend judgment.

A best practice to live out self-regulation is to think before acting or speaking and then respond by simply being quiet.

#### Internal Motivation

Internal motivation is the ability to go beyond your own feelings of disappointment and observe the beneficial aspect of any situation.

#### Empathy

Empathy is the ability to understand the emotional makeup of other people. Consider another's perspective and intentionally build a relationship with that person.

Remember to concentrate on their issue and not present your thoughts or opinions. Be aware of your body language and how it is communicating. Ask yourself, "What am I saying as I listen?" Are we able to get into the dirt with another and be there with them through their trial? This is what is called a "ministry of presence."

Let's look at the difference between sympathy and empathy. *Sympathy* drives disconnection. Many times responses begin with "At least..." and the intent of the sympathizer is to find a silver lining in the problem. *Empathy* fuels connection.

*Continue on Page 4*

**Advance the Kingdom ~ S.H.I.F.T**



## Unity Prayer Watch, 2022

The Unity Prayer Watch is a special service to the world, offered by the worldwide Moravian Church. The Eastern West Indies Province will participate in the Unity Prayer Watch from Midnight, April 03 - Midnight April 17, 2022. The Schedule is as follows:

Name of Conference/ Mission	From	To
Tobago/ Grenada Mission	Midnight, April 03	Midday, April 05, 2022
St. Kitts	11:59a.m. April 05	Midnight, April 08, 2022
Trinidad	11:59p.m. April 08	Midnight, April 9, 2022
Barbados	11:59p.m. April 09	Midnight, April 12, 2022
Antigua	11:59p.m. April 12	Midnight, April 15, 2022
Virgin Islands	11:59p.m. April 14	Midnight April 17, 2022

Conferences are asked to observe the schedule time for members to engage in the unbroken prayer chain. This prayer meeting began on August 13, 1727, when the Moravian Church had its Pentecost experience. The Spirit of God ignited a passion for prayer that gave birth to a prayer meeting that lasted for 100 unbroken years. Let us keep that passion alive as we seek the face of God for direction for the Church, the world, and our lives.

### Open Your Heart By Naila Baynes

Naila Baynes is only seven years old and is an author already. She is a member of Memorial Moravian



Church, Trinidad. She is also an active participant of the Sunday school. Her book "Open your heart" encourages its readers to explore the beauty and possibilities of life. It's perfect for ages 4 to 9. Interested persons can contact [sachaangela@gmail.com](mailto:sachaangela@gmail.com) or [sacjcbaynes](#) on Instagram or WhatsApp 8687822980.

## CULTIVATE COMMUNITY

*The Leader's Emotional Intelligence: Awareness and Action*  
Continued from Page 3

It has the ability to take on the perspective of another, stay out of judgment, recognize emotion in others, and communicate that. Empathy is a choice to connect—feeling *with* people. It sounds like: "I don't know what to say right now, but I'm just so glad you told me..."

### Social Skills

Social skills start with listening intently to the words and emotions behind what another is saying or explaining before you respond. Be careful, sensitive and aware of their story and pain. Build trust, be honest yet sensitive, listen for trigger words, and watch for emotions behind them.

"Rarely can a response make something better... what makes something better is connection." —*Brené Brown*

Let us take a pulse on your own emotional intelligence. Think through the following questions:

- Do you get along well and have interest in others?
- Do you know your own strengths and weaknesses?
- Do you operate with integrity?
- Are you aware of your own feelings?
- Are you focused on the present?
- Are you self-motivated?
- Do you have well-placed boundaries?

Taking time to understand your own emotional intelligence and areas for improvement is the best way to know yourself and how you care, process and listen to others. Great communication starts with great listening. The next time you find yourself in a situation where you are asking yourself, *What do I do next? What do I say? Or How do I respond?* Remember that emotional intelligence is an ongoing process of growth and you will empathize and respond well!

### Further Resources:

[Brené Brown: RSA short: Empathy](#)  
[Daniel Goldman: Emotional Intelligence](#)

### About the Author

Jeanette has a passion to serve Executive Leaders in business by providing support for them to be successful in intentionally caring for their people. In her current role as Executive Director of Expansion with

**Advance the Kingdom ~ S.H.I.F.T**

the employee care service, Marketplace Chaplains she travels the country educating and serving C-Suite leaders of public and private companies as they intentionally and proactively care for their employees and families. Jeanette Robert, MBA, DMIN May 2022, Executive Director of Expansion, Marketplace Chaplains [jeanetterobert@mchapusa.com](mailto:jeanetterobert@mchapusa.com) [www.mchapusa.com](http://www.mchapusa.com).

## Provincial Watchword 2022

Each year, the European Continental Province draws a Watchword for the various Provinces.

The Watchword drawn for the Eastern West Indies Province comes from Psalm 78:4:

We will tell to the coming generation the glorious deeds of the Lord, and his might, and the wonders that he has done.

This is the Watchword for August 16, 2022. Please use this Watchword in ways you deem appropriate.

## Theological Education Sunday

Sunday March 20, 2022, is Theological Education Sunday. Our focus on this Sunday is the call of God for people to dedicate themselves to gospel ministry. Jesus continues to call his disciples to follow him to serve the kingdom. Are you among the called?

Special prayers are also requested for our Warden/Tutor at the United Theological College of the West Indies (UTCWI), Rev. Neilson Waithe.

If you sense God calling you deeper in service, continue praying about it and talk with your pastor or a mature Christian as to how you might respond to the prompting of God. The call to ministry has many branches.

Last year you gave EC\$24,888.58 toward theological education. The Province spent about EC\$58,662.05. On March 20, 2022, a special offering will be received for theological education. Please give as the Lord allows.

## 33rd Provincial Synod of the Moravian Church Eastern West Indies Province

The Provincial Board has set the date for the 33rd Provincial Synod of the Moravian Church Eastern West Indies Province for July 18-22, 2022. Living within this period of uncertainty necessitates that Synod be held using a hybrid/virtual model. Mindful of the local pandemic protocols, each Conference in the Province is asked to prepare for the event by doing the following:

1. Elect Synod delegate(s) in accordance with the provisions of the Book of Order paragraph 4.4.7.
2. Submit the names of all delegates by March 31, 2022.
3. Prepare all reports for submission to the Provincial Office by April 29, 2022.
4. Prepare and submit to the Provincial Office all proposals to be considered at the 33rd Provincial Synod by April 15, 2022.

Information will be circulated later with pre-synod processes and procedures.

The Provincial Board has appointed Rev. Adelyn Mgonela to serve as the Synod Chaplain. The Rev. Dr. Jeremy Francis has been appointed Chairman of Synod. The Rev. Onita Samuel-Warner has been appointed Secretary of Synod.

One of the businesses of the 33rd Provincial Synod is to approve the updated Book of Order 2020. This document has been circulated to Pastors for onward circulation to members for reflection, discussion, and amendments where needed. Please take time to review this document that governs our operations and share your feedback.

Making the SHIFT for the 33rd Provincial Synod means that we must re-imagine Synod. The presentation of reports, Committee meetings, worship, elections, and participation of delegates and observers will be adjusted to suit the virtual platform. We have the benefit of learning from others who have gone this way before us.

Please add the 33rd Provincial Synod to your prayer list that God's will be done among us.

# Advance the Kingdom ~ S.H.I.F.T



## Birthday Celebrants March 18th –29th

Sis. Eulencine Christopher	18
Bro. Kingsley Lewis	20
Sis. Denise Smith-Lewis	20
Sis. Vera Waithe	29
Bro. Edgar Gonsalves-Barriero	29



## Birthday Celebrants April 4th—8th

Bro. Elroy Christopher	4
Sis. Catherine Governor	4
Sis. Dorothy Graham	7
Sis. Gwendolyn Jacobs	8



## Condolences

We have been informed of the tragic death of the Chairman of the Provincial Board of the Moravian Church Tanzania, South West Province, Rev. Willey Mwasile. Bro. Mwasile was in an accident with a tanker truck which caught fire while his vehicle was close to the tanker.

There were four persons in the vehicle, including two children. One child died also, while the other child and the driver are in hospital. Bro. Mwasile died on Monday from burns over his entire body.

Let us remember the family and the Church in prayer, as we are all mourn the death of a beloved brother, leader, and pastor.



God of Creation, we intercede for the conflict between Ukraine and Russia. Speak peace to the hearts of the aggressors and grant wisdom, resilience, and favour to the oppressed. Open the eyes of the world to see the destructive nature of sin and help us to walk in truth and love. In Jesus' name, Amen!

## *Lenting continued from page 2*

Intentional inclusion of acts of kindness in your life will require a change in attitude, conduct, and behaviour.

What does that look like? Many people have been displaced by the fall out from the COVID-19 pandemic. There are real needs all around us. However, prayer for discernment is needed. No one wants to give to people who are insincere or will waste what was given to them. God will show you the need and the resources to fill the need. Giving can be hard because, we prefer to give what we can spare rather than what is needed. When God calls us to generosity, that call usually takes us beyond where we are comfortable. Think about Matthew 5:44 where Jesus calls us to love our enemies and bless those who curse us. There is nothing easy or simple about these. However, they are the way of Jesus, the way of generosity and service.

There are families in our neighbourhoods that can benefit from your generosity and service. The school principal may have a good knowledge of students who have food insecurities. There are agencies in your area that have information about young mothers and other persons who have no place to stay, no job to support their living, and are running low on hope. Repenting in this area means looking away from my stuff to bear another's burden whose needs are for survival. None of us can help everyone, but all of us can help someone in need.

Generosity and service may involve volunteering at the children's home or another facility where you get to serve others and share the love of Jesus. Volunteerism is not one of our native languages. However, through volunteerism, we get to show so much about the love of Jesus who came not to be served but to serve.

By now you realize that this is not just about Lent, this is about lifestyle changes. Look at the remaining days and choose one of these areas and give it a real commitment. A real commitment means that at least one other person will know that you have locked into a particular practice and will be following it for the balance of Lent and hopefully, beyond Lent. Jesus was serious when he called us to follow him into seeking God first, to be on our guard about materialism, and practicing acts of kindness. They make us better people and testify about the God we serve.

Happy "Lenting!"

# Advance the Kingdom ~ S.H.I.F.T



**ALL** the words listed below are in the puzzle - left, right, up, down or diagonally. Find each word and click its first letter then its last letter to highlight it. After you have found all the words, click the leftover letters to form the **Mystery Answer**.

Altar,	Float,	Noah,
Ararat,	Food,	Pairs,
Clouds,	Forty days and,	Pitch,
Covenant,	Fruitful,	Rainbow,
Creature,	Genesis,	Raven,
Descendants,	God,	Righteous sons,
Destroy,	Heavens animals,	Roof,
Docks,	Holy land,	Shem,
Door,	Judgment,	Sin,
Dove olive,	Livestock,	Small,
Earth,	Mate,	The great flood,
Female,	Mountain,	Violence
Fire,	Multiply,	



- What four books tell about Jesus' life on Earth?  
\_\_\_\_\_
- Which book did Jesus directly write? \_\_\_\_\_
- Which book did David write most of? \_\_\_\_\_
- True or False: The Bible was first written in the English language? \_\_\_\_\_
- What were men trying to do at the Tower of Babel?  
\_\_\_\_\_
- How did the 12 brothers got rid of Joseph?  
\_\_\_\_\_
- What did Joseph's brothers tell their father had happened to him? \_\_\_\_\_
- Where did the slave traders take Joseph?  
\_\_\_\_\_
- Who bought Joseph?  
\_\_\_\_\_
- Who got Joseph thrown into prison by lying about him?  
\_\_\_\_\_
- Who else was in prison with Joseph?  
\_\_\_\_\_
- What did Joseph do for them?  
\_\_\_\_\_
- What position of power was Joseph given by Pharaoh? \_\_\_\_\_
- What catastrophe did Joseph predict by interpreting Pharaoh's dream?  
\_\_\_\_\_
- Who came to Egypt that Joseph recognized because of the famine? \_\_\_\_\_

F	L	U	F	T	I	U	R	F	S	A	H	L	R	F
D	O	O	F	H	T	R	A	E	T	H	E	K	A	I
O	S	O	O	E	M	T	S	I	N	L	A	C	V	R
T	K	M	R	G	S	A	L	T	A	R	V	O	E	E
C	C	U	T	R	I	O	T	M	D	C	E	T	N	D
L	O	L	Y	E	S	L	E	E	N	O	N	S	W	V
O	D	T	D	A	E	F	Y	S	E	V	S	E	O	I
U	N	I	A	T	N	U	O	M	C	E	A	V	B	O
D	A	P	Y	F	E	H	R	A	S	N	N	I	N	L
S	L	L	S	L	G	C	T	L	E	A	I	L	I	E
R	Y	Y	A	O	G	T	S	L	D	N	M	O	A	N
I	L	W	N	O	F	I	E	R	U	T	A	E	R	C
A	O	O	D	D	E	P	D	O	O	R	L	V	H	E
P	H	R	I	G	H	T	E	O	U	S	S	O	N	S
R	S	A	R	A	R	A	T	N	E	M	G	D	U	J

# Moravian Multipurpose Complex

## Conference Center & Apartments



*Conferences*

*Weddings*

*Banquets*

*Meetings*

*Dinners*

*Graduations*

- ◆ Only ten minutes away from the stores, shops and banks in St. John's. Our International airport is also just ten minutes away.
- ◆ Our balcony provides a refreshing view of undulating hills and valleys.
- ◆ The Conference Center has a seating capacity for 200 persons.
- ◆ We are situated on a hill over-looking the picturesque out-skirts of the city of St. John's, Antigua.
- ◆ There are EIGHT LARGE APARTMENTS which are available for rental. Each room is self contained with kitchenette. The rooms are air-conditioned with available internet cable TV. All utilities are included with the exception of telephone.

### **Mystery Answer** FLOODWATERS

1. Matthew, Mark, Luke, John
2. None
3. Psalms
4. False
5. Build a tower to reach Heaven.
6. Sold him to slave traders.
7. They said Joseph was killed by a wild animal
8. Egypt
9. Potiphar, captain of the Pharaoh's guards
10. Potiphar's wife
11. The Pharaoh's cupbearer and chief baker.
12. Interrupted their dreams.
13. Second in command of Egypt.
14. A severe, seven-year famine.
15. His brothers

### **Bible Trivia Answers**

**Advance the Kingdom ~ S.H.I.F.T**