

# A COMMUNICATION FROM THE CHAIR OF PEC - EWI PROVINCE The Information

"I must turn aside and look at this great sight..." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses" And he said, "Here I am." Exodus 3 vs 3-4 (NRSV)



Rev. Algernon Lewis Chairman of PEC

Fear or Faith

October is mental health month. It is also breast cancer awareness month. These issues have robbed us of many family members and friends. Breast cancer is getting more attention as more women are doing their regular checks. Mental health issues are still stigmatized and trivialized. Reacting to the increase in self harm prevalent in our society, a Christ-follower opined, they just need to pray. As a person of faith, I suggest that we need to look deeper at these issues mindful of the sufficiency of God on one hand and the need to deal adequately with reality on the other hand. This article invited us to consider the case of Elijah, the great prophet of God in light of mental health.

The mighty exploits of Elijah are legendary. He pronounced a drought (1Kings 17:1) and later prayed for rain (1 Kings 18:42). He outran the king's chariot to Jezreel (1 Kings 18:46). Let us remember the widow of Zarephath and the restoration of the child who died (1 Kings 17:17ff). His most public battle took place at Mount Carmel (1 Kings 18: 22ff) when he challenged the 450 prophets of Baal and won and later killed those prophets after God showed by fire and consumed the sacrifice and the altar.

This last exploit was met with a strong rebuke from Jezebel–"May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them" (I Kings 19:2). The very next verse, the text reports that Elijah was afraid and fled for his life. In verse 4 Elijah prays to God and requests that God take his life because he had had enough.

The mental and emotional pressure on Elijah was great. It seemed that he had become battle weary and was tired of fighting against the evils of his day. From this vantage point it seemed that he had everything going for him. God was showing up in miracles and wonders on demand. So what more could Elijah want? Truth is, we don't know.

# **Vision Statement**

# **Mission Statement**

A Church - Transformed, United, Victorious in Christ By the grace of God, we seek to be faithful to our Lord Jesus Christ; without distinction, we use all that we possess to call all peoples to the truth of the Gospel through worship, evangelism, discipleship and service.

#### Continued on Page 2 Mailing Address

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#### October, 2021

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#### Fear of Faith continued from Page 1

It would seem that Elijah was under immense mental pressure – "I have had enough Lord, ...Take my life, for I am no better than my ancestors who have already died" (1 Kings 19:4).

How did Elijah get here? We cannot be sure but there might be a clue in the text. I suggest that Elijah believed a lie about Jezebel's power. By believing the lie, Jezebel's power was magnified and the threat resonated in Elijah's heart. He believed that his life was in real danger because Jezebel was out to get him. The mental pressure probably distorted his view of the world and fear was the natural result. Once fear sets in, the spiral downward intensified. He listened to the wrong voice and lost his way.

As an aside, I am intrigued by the encounter between God and Elijah later in the chapter (1 King 19: 8-18). God does not point out where Elijah went wrong. There was no attempt to discount his story about zealously serving God and being alone. God does not give him tips on how to restore his mental clarity or his perspective on the matter. God simply instructs him to anoint the next generation to continue the mission of God in the world.

To get back on track, I also suggest that Elijah forgot the truth about God. Truth is, Jezebel does not have any real power to affect Elijah's destiny. Her power was given to her by Elijah when he believed the lie. Real power, all power, is in God's hand. Destiny lies in the hand of God and is often delayed but not denied. Elijah showed more confidence in Jezebel's ability than in God's ability, all because he listened to her voice. The voice caused him to forget the omnipotence of God, so he ran in fear rather than walk in faith.

In the mental health fight for peace and centredness, let us remember that the power is in God's hand. Let us shut out the noise of the enemy forces and listen for the still small voice of God on the journey. There was no easy way out for Elijah. God could have spoken to him those times when he was fed (Vs. 5-7) but he was told that the journey was long, so eat and keep pressing ahead. I take that to mean that there are no quick fixes. Achieving mental clarity will not come with one prayer or anointing or church service. We have to work hard to dispel the lies we have believed and have them replaced with truth, God's truth. We have to commit to running away from fear and walking in faith.

This work requires partners;--people who will be God's presence to those who struggle.

-people who are less concerned about their thoughts on the matter and more about how God will restore and renew.

- people who love other people and are willing to journey with others into the place of fear and uncertainty so as to help them eventually walk in faith.







#### The Mark of the Beast of Revelation and the COVID Vaccine

Rev Joseph E Nicholas Greenbay-Five Islands Moravian Church, ANTIGUA October 2021

#### The Setting

Any study of the Book of Revelation for all of its mysteries and images that some people find hard to understand, has to begin with the opening verse in Revelation **1:1** "The revelation of Jesus Christ, which God gave him to show his servants what must soon take place; he made it known by sending his angel to his servant John". The introduction is essential to how we read what follows.

As we get to Revelation 13, we may note the following:

- Vs 5 Exercising authority for 42 months.
- Vs 6 Who and what would have such authority in the presence of our Mighty God?
- Vs 7 It makes war on the saints and conquers them.
- Vs 10 The last part of this verse is the message that the Holy Spirit has for the Church in all parts in every age under severe persecution, "Here is a call for the endurance and faith of the saints". God's call to the Church at that time, and in all periods of trouble and chaos and crises and persecution is essentially the same; it is a call for faithful living.

The Book of Revelation contains prophecies which spoke to the specific time of John while he was on the Isle of Patmos, a Greek island just off the coast of present day Turkey; and it also speaks to a time beyond the time of John. Therefore, it requires us to navigate the prophetic value of the message from our Lord Jesus Christ to John in the particular setting of the Church then. It provides guideposts that serve to say to the Church worldwide that this is how we can prevail over the forces of evil whenever and wherever they seek to destroy us. The Church is made to live for Jesus Christ and not to die at the hands of evil.

It is important then that we are very clear that for the Christians who were experiencing those trying times of persecution, of being hunted down just because of their faith in Jesus, it was awful! Absolutely awful! While it might not have always been throughout the Roman Empire, there were situations where the local cities and communities would carry out these evil acts against the Christians. There are just some situations of human suffering at the hands of evil with which we do not want to make casual comparisons lest those comparisons minimize or, at least, appear to minimize the tragedy of the situation with which they are being compared.

While the scientists continue to debate the origin of COVID-19, there is no debate that people are getting sick and many are dying on account of the virus. Millions have died and most of us know somebody who has died from it. In the present scenario, the vaccine is a powerful force against the virus and while some people may yet get sick and some may die after receiving it, the vast majority of people receiving the vaccine are experiencing life-saving help.

Clearly, the Book of Revelation would not have had its appeal to the Churches of Asia Minor if they did not find a Word from God in what John had written to them. In that era, the mark of the beast referred to something very specific and knowable Rev. 13:18, *"This calls for wisdom. Let the person who has insight calculate the number of the beast, for it is the number of a man".* There is nothing that indicates that the beast would last forever. Therefore, the beast that was knowable at that time cannot be the same beast that we are or could be up against today. Maybe we need to be gracious enough to admit that what we are in fact saying is that the new situation could be compared to that vision rather than to suggest that the vision of John in exile is finally being fulfilled.

#### Survival Language

The primary concern that the Christians had was **survival**. They did not have legal rights to practice their faith. They were compelled to use all the means which they could in order to communicate without being detected.

#### The Mark of the Beast of Revelation and the COVID Vaccine Continued from Page 3

Their very effort at communicating was an act of survival. They needed for their fellow believers to know what they were experiencing and they needed to advise those same believers on what could happen in the future. The language is descriptive largely of things which were already happening. At stake in that persecution was the very **survival** of the young faith as the goal of many was to kill Christianity before it could get established.

The Christians watched as fellow believers were falling away on account of persecution and it was to them as if Satan had taken over the world and that somehow God had lost control. It is not unusual for communities to be coerced into accepting the dominant religion. Whether in religion or politics or sports, those who change loyalty are often perceived negatively by the former friends and associates and thus, some name-calling. There are situations which may indeed make us feel that the devil has taken over and that God has lost control; and in our more challenging moments we may even ask, "Where now is our God?"

We do all remember how Jesus cried out on the cross, "My God, my God, why have you forsaken me?" (Mark 15:34) Was Jesus really forsaken on the cross? The answer would surely be no. Did he feel that way? Of course, he did! The chaos that had overtaken them and so unexpectedly made them feel as if the world had lost its head and that only this beast had any power over anyone and thus power over everyone. Yet, it is not the full picture for Rev 7:17 reminds us, "For the Lamb which is in the midst of the throne shall be their shepherd, and shall guide them unto fountains of waters of life; and God shall wipe away every tear from their eyes".

The believers had to be very creative in getting the word out and around out of this sense of survival without calling public attention to themselves. Therefore, they could not be specific about who or what they were talking about. They said just enough to sound the alarm as they called the attention of all believers to the goal of **survival**. While John on the Isle of Patmos knew what he saw, he had to be extremely guarded in how he expressed it and how it was transmitted to other believers.

Before the vaccine came out in December 2020, many people were indeed feeling a huge sense of helplessness. In 1 Corinthians 13:12 we read, "Now, we see in a mirror dimly..." God has been opening the eyes of people in science, technology, engineering, math, and in the arts. Look at the very devices which we use in this conversation! Look at the amazing work in buildings and bridges and highways! Look around you and you will see that God is causing new things to happen; and there is no doubt in my mind that the vaccine is part of that new movement by God. God offers us life and life in abundance.

It is in Paul's Letter to Timothy that we hear that message carefully underscored, "For God has not given us a spirit of fear, but of love and of power and of a sound mind" (2 Timothy 1:7). The endurance that God calls for is an endurance that allows us to withstand in the midst of all dangers and threats.

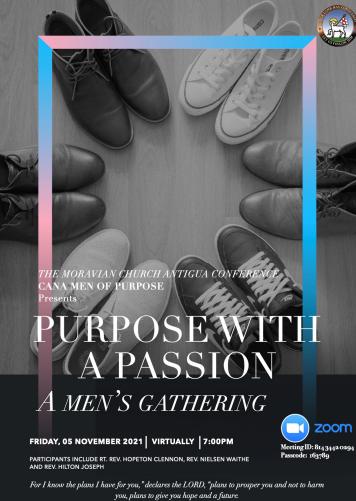
#### Symbolic Language

The Bible as an account of the encounter between God and people of faith over many centuries uses various forms of narrative in order to bring the Word of God home to the people. This is not new and it is not strange. Just by looking at the Gospels we can see the difference in how they present the account of our Lord's time on earth. As examples, Mark is eager to tell everybody that Jesus came to serve and to die for us. John was largely aimed towards an audience that understood a more philosophical form of speaking.

The use of symbolic language in the Book of Revelation is consistent with the use of it in other parts of the Bible. One of the early accusations against the Christian faith was that they were engaging in *child sacrifice*. The authorities were satisfied that they had credible evidence of this.

# A Virtual Men's Gathering

The Moravian Church Antigua Conference, Cana Moravian congregation, under the auspices of the Cana Men of Purpose, has planned a Virtual Men's Gathering for Friday, 5th November 2021, at 7:00 pm under the theme, "Pursuing Purpose with a Passion". Bishop of our Unity, Rt. Rev. Hopeton Clennon, Rev. Neilson Waithe and Rev. Hilton Joseph have all acceded to be key participants at this event.



Jeremiah 29:11

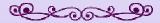
The overall intent of this gathering is, using the technology of our age to bring together men as a collective force to reflect on and passionately pursue their purpose in life and the Kingdom of God from the perspective of the present era. We envisage that this Gathering can add to and spur even greater ministry activity and collaboration among men. The men in your conference are invited to join the men in the Antigua Conference generally and the Cana Men of Purpose specifically. Kindly partner with us and make this event the blessing it was designed to be by:

1. Relaying and publicising this event among all Ministerial Staff and the wider conference.

2. Encouraging and informing the ministry to men across our Province. To enable this, we kindly ask that you select one representative to give a concise overview of the current status of ministry to men in your conference. Specifically, along with the number and nature of ministries currently existing, speakers are asked to share their greatest motivation as well as greatest concerns regarding the work of men's ministry in their respective conferences.

3. Graciously relay the name of your selected representative by Monday, 25th October 2021. This Men's Gathering event will be streamed on the Zoom platform. Kindly see attached flyer for distribution.

I wish to thank you in advance for your great help towards the realisation of this event. I may be reached through any of the above stated contact mediums for further information.



#### **Quote of the Day**

To be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others.

-Nelson Mandela-

# The Mark of the Beast of Revelation and the COVID Vaccine Continued from Page 4

Well, it was simple. Since the Christians were forced into hiding, they would go off into the woods to worship and to share in the Holy Communion. To the authorities, their talk of eating the body and drinking the blood could only have meant that they were killing children and were feasting on these children. This was illegal and thus a very serious charge against the Faith.

We still hear talk of the great battle of the ages called **Armageddon** that would bring about the great judgment of the nations. This too continues to stir and even to disturb the minds of many in our time. This clearly is an over-hyped reference. To begin, the name comes from a place called **Ar-Megiddo** in the Jezreel Valley of Israel/Palestine and it came out of a context when it was believed that the great and final battle would take place there. I had the opportunity to visit there personally. It is a flat and huge open area and one can easily understand why it would present itself for such a battle. It is the kind of place where people fighting with swords and shields and so forth would be literally at home.

Now, we know that people do not fight that way anymore. In the many hot spots in the world people are not fearful of the Ar-Megiddo setting but of their very personal homes and work places and schools. In the USA, just the reference to 9/11 causes us to remember so much pain and suffering. There are far more incidents of horrific and wanton destruction of people in the world just on the basis of race and class and ethnic origin and all those biases and prejudices than anything that the early concept of Armageddon or Ar-Megiddo could have imagined. Yet, the concept persists.

Another use of a powerful symbolic imagery is that of **Babylon and the Babylonian Captivity**. For the people of Israel/Judah who lost their king and their temple and their land, that was a huge body blow. It was their identity and it was all gone. Babylon had taken over. As they expressed in the famous Psalm 137 that has also become a popular song, they did not know that they could even find God in that foreign land. Yet, over the years, many countries and institutions as well as individuals have

been identified and associated with this concept of being of Babylon or with the Babylonian Captivity.

This particular concept is more transferable than some of the others as captivity is a constant issue and manner of how the powerful can oppress the weak just because they are more powerful and not because they are just. When it is used in this particular way, the intention is to draw a reference and maybe to indicate that the modern day situation of captivity **is like that** of the Babylonian Captivity.

#### Separation Language

The matter of obedience of the Sabbath was controversial during the earthly life of Jesus and it continued to be a major point of **separation** between Jews and Christians. By itself, it was more a Jewish-Christian internal family fight and had less to do with the wider persecution in the early stages. While the Jews had secured many concessions and acceptance, it was not so for the Christians. As long as the believers were perceived as part of the Jewish faith, they had some cover but outside of that there was persecution; and especially as they continued to proclaim this condemned criminal as the Messiah. They were nobody's child. It was this kind of motive that Paul acted on. He was outraged that these new comers were doing harm to their Jewish faith. The reference in Revelation 2:9 should be seen as part of that internal conflict as most of the early believers came from the Jewish faith as did Jesus and John the Baptist. "I know your affliction and your poverty, even though you are rich. I know the slander on the part of those who say that they are Jews and are not, but are a synagogue of Satan.

When God was about to deliver the Jacob people from Egyptian bondage, God gave them a mark by which those who chose that mark would escape and not suffer the death of the first born. The mark was to have blood over their doorposts before they went to bed that fateful night; and all those who chose the mark, were really choosing life, and were able to escape even people who were not of the Jacob people.

There are many countries including the USA where people are identified by a Special Number. When you are

#### The Mark of the Beast of Revelation and the COVID Vaccine **Continued from Page 6**

doing business they do not need to know the nine numbers of your Social Security. They generally only ask for the last four digits and just by those last four digits, that person in an office some place whom you will never see can almost tell the story of your life. It does not and may not prevent some people from still calling it the mark of the beast; but as a recipient, you are thankful on the day when you are able to get yours. It marks you off as being in an official relationship with the United States Government. It applies also to the wonderful credit card that allows us to credit on the spot. They may ask you to confirm the last four or five digits of about fifteen or sixteen digits. Again, once you do, then they are satisfied that you know this card. There have been references to it as the mark of the beast as well though not as loudly anymore as they have become more acceptable. Any rejection of these cards cannot be compared to the level of rejection with the vaccines.

There are many people who go around day by day with all sorts of metal and computer chips in their bodies which help them to live a better quality of life. Despite various warnings, we love our cell phone too much to pay attention to any potential for long term danger. It is a fact that vaccination has been done in the past in clandestine manner but there are many more eyes looking at some of these things; and the very fact that we are having this public debate at so many levels is indicative of the many eyes which are watching.

While we are eager to make connections between our time and the more immediate crisis of the early Christians, it is important for us to do so in a measured way and to do so with great humility indicating that we do not really know all that God is doing even now. We are all still dependent on the grace of God and God is more patient with us than we deserve and even more patient than how some people would want God to be with those who are yet to receive Jesus Christ as Lord. God has called us to be vigilant and faithful and to be actively waiting on the coming of our Lord.

# The Coronavirus (COVID-19) How to stay safe

These simple precautions, which are based on World Health Organization (WHO) recommendations, can help reduce exposure and transmission of the virus:









Avoid touching your face, mouth and eyes with your hands.

Avoid direct, unprotected contact with farm or wild animals.



Wash your hands

regularly with

warm water and

soap for at least

20 seconds.

Avoid eating undercooked animal products and take care when handling raw meat to prevent crosscontamination.

ASAIPA

provide complete protection from the infection from an airborne disease such as this.

Avoid close

contact with

others,

particularly those

who have coughs, chest infections

and/or fevers.



and nose with a

tissue or the inner



Don't forget to keep washing your hands, regularly and thoroughly.

Medipost

crook of your elbow when coughing or sneezing.

Remember: a few safety measures can go a long way to protect you and your loved ones.

# COVID-19 cases are on the rise-Practice the 3 W's



#### THE CHALLENGE OF SUICIDE DURING

THE COVID-19 PANDEMIC A PASTORAL RESPONSE Part 2 The Rev. Neilson Waithe



Last month we looked at some risk

factors associated with suicide. The issue of mental health has become an important "talking point' during the COVID-19 Pandemic.

It is not always easy for some persons in our communities to manage and learn to live with the protocols and restrictions and loss that have come into their lives. We are all challenged to try to navigate the restrictions and impositions which have caused for some, depression, illness and suicidal ideations and even for some loss of life.

We need to be aware that some persons in our congregations and communities may be internalising their hurts and fears and trying to deal with these challenges on their own without seeking help. When they feel they are unable to cope that is when some persons may become desperate.

I want to focus on three levels of risk and the role the Pastor and his/her team can take in assisting individuals and families in an effective Pastoral Care response.

#### Low Risk

Fleeting thoughts of suicide which are soon dismissedNo plan

- Mild or mental illness no or few symptoms of depression
- No alcohol/drug abuse
- Stable psychological situation

#### Action for low risk

- No medical follow up required because of suicide risk
- Defuse emotional distress as far as possible

• The Person may be screened for evidence of mental disorder – if present, arrange for treatment, usually through General Practitioner/ family physician

Persons in this low risk area may simply want a listening ear. You can make arrangements for a trained Lay Counsellor to meet (preferably by telephone/ or zoom/ social media) to provide counselling support.

#### Medium Risk

- Fleeting thoughts of suicide
- No plan
- Some evidence of mental disorder
- Some evidence of drug/ alcohol abuse
- Unstable psychological situation but no immediate/ impending crisis
- Infrequent dangerous behaviour

#### Action for Medium risk

- Defuse emotional distress as far as possible
- Medical Follow up required in 72 hours- 1 week
- Once safety is obtained, the intervention requires a full assessment of mental health, psychosocial problems and crisis prevention strategies

You may find that many persons who are in this Medium Risk category may be attending church and are taking medication for their mental health challenges.

There are times when persons in responding to an "altar call" and subsequently making a decision to give their life to Christ, may proceed to conclude that because they have received a "Spiritual awakening/Renewal" that they have been "healed" and may then may dismiss their mental health medication as irrelevant and refuse to medicate.

It is important that the Pastor, although acknowledging the fact that God can bring healing, allow persons in this risk group to consult with their doctor before taking a decision to suspend taking of their medication.

Family intervention is required to assess the level of stress that the family system may be having on the individual. The Pastoral Care Giver may have to use his/her knowledge of family Systems Counselling to assist family members to change communication patterns that are inhibiting the "Identified Patient's" ability to effectively manage stress and bring about improvement in their mental health.

#### Very High Risk

- Definite plan of suicide
- Access to means of suicide
- Significant mental illness
- Significant drug/ alcohol misuse
- Unstable psychological situation with impending crisis
- Escalating dangerous/ Russian Roulette behaviour

**Continued on Page 9** 

The Challenge of Suicide during the COVID-19 Pandemic A Pastoral Response Part 2

Action for very high risk

- Immediate attempt to assure safety after interview 24hour support and follow up
- Remove/ restrict lethal means of suicide
- Defuse emotional crisis
- Once safety is obtained, the intervention requires a full assessment of mental health, psychosocial problems and crisis prevention strategies

In this "Very High Risk" situation, the Pastor has to work with family members to seek the best medical intervention for persons who are in this area.

Family members may be reluctant to have their family member, who is in this high risk category, removed from the home to an institution. The Pastor must support the family by assisting them to come to acceptance that in the institution the family member can be monitored and get better medical help.

We still have to deal with the cultural challenges and stigma associated with mental health and institutionalised help and intervention, and teaching by the church can help.

Institutional along with community and family support may be the best option for persons in this risk group.

The Pastor can turn his/her attention to the assistance of family members in providing counselling support. The Congregation's prayer and counselling support group can be of great assistance to families who are experiencing challenges.

Finally, it is important that our congregations provide ongoing education to members about effective response to situations of depression and mental health challenges. Our teaching must help us to accept that persons who may be suffering from depression or who may have mental health challenges are children of God who are in need of our love and support.

These are difficult and challenging times for many persons with regard to work, family and relationship issues. Having a knowledge of a supportive congregation can go a long way in helping persons overcome suicidal ideations.



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#### Contributed by Joycelyn Phillip Oncology Nurse

#### What is Breast Cancer?

Breast cancer is a disease in which malignant (cancer) cells form in the tissues of the breast.

#### **FEW FACTS**

- About 1 in 9 women develop Breast Cancer in their lifetime
- 9 of 10 women diagnosed have no family history of Breast Cancer.
- Breast Cancer risk increases with age.
- The biggest risk factor is being a woman over 50 years old
- Regular screening mammograms can find Breast Cancer

# Three Steps to Finding Breast Cancer Early Step 1

#### Mammograms

Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health.

# Step 2

## **Clinical Breast Exam**

Clinical breast exams by your doctor or nurse should be part of a periodic health exam, about every three years for women in their 20's and 30's and every year for women 40 and older.

#### Step 3

#### **Breast Self Awareness**

Women should know how their breasts normally feel and report any breast change promptly to their doctor or nurse. Breast self-exam is an option for women starting in their 20's.

#### Things to Look For

- A lump, hard knot or thickening inside the breast or underarm area
- Swelling, warmth, redness or darkening of the breast
- Change in the size or the shape of the breast
- Nipple discharge that starts suddenly.



#### To Celebrants - October 16th-31st

Bro. Algernon Lewis	24
Bro. Erflin Browne	25
Sis. Julie Joefield-Parris	28

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#### To Celebrant - November 1st-15th

Sis. Onita Samuel -Warner

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To Celebrant—October—November 15th

Bro. Vankys Isaac & Sis. Myrtle Isaac

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# Condolences



The Moravian family expresses condolences to the following persons:

Supplementary Pastor Judy Winspeare-Philip on the death of her mother, Sis. Damona Ramona Massiah. Sis. Damona died on September 30 in Antigua. A celebration service was held on Monday, October 4, 2021.

Sis. Winspeare-Philip is also mourning the death of an aunt, Mrs. Joycelyn Jassie Jeremiah, who died in New York on September 26, 2021. A celebration Service for her life was held on Friday October 15, and Burial on Saturday October 16, 2021, in New York.

Please keep Supplementary Pastor Judy Winspeare-Philip and family in prayer in their time of double grief and loss.

Bro. Anselm Richards, member of the Provincial Board (PEC), on the death of his brother, Johnson Richards, who died suddenly in Tobago on October 5, 2021, at age 60 years.

Please pray for Bro. Richards and his extended family in their time of grief and loss. May the peace of God comfort them.

The family of the late Mrs. Margaret John, who died on October 11, 2021, at age 98 years. Sis. John was the widow of the late Rev. Alva John, both of Tobago. Details of the funeral services are not yet available, however, Sis. John's mortal remains will be interred in Tobago.

Please pray for her children Joycelyn, Anthony, and Annette and their families, as they mourn the death of their mother and grandmother.



# **5 Things to Share About Breast Cancer**

- All women can get breast cancer even those who have no family history of the disease.
- 2. The two most important factors for breast cancer are being a woman and growing older.
- 3. Women diagnosed with early breast cancer, once the cancer is small and has not spread, have a high chance of surviving. Mammograms are the best way to find breast cancer early. Get one every year starting at age 40. If you notice any breast changes, tell your doctor without delay.
- 4. You can help reduce your chances of developing breast cancer by engaging in regular physical activity, maintaining a healthy weight, and limiting alcohol intake.
- 5. Through early detection and improved treatments, more women than ever are surviving breast cancer.



**All** the words listed below are in the puzzle - left, right, up, down or diagonally. Find each word and click its first letter then its last letter to highlight it. After you have found all the words, click the leftover letters to form the *mystery answer*.

#### **Biblical Occupations**

Ambassador,	Coppersmith,	Magistrate
Apothecary	Craftsman,	Maid,
Artisan,	Cupbearer,	Mason
Astrologer	Disciple,	Metalsmith,
Baker,	Fisherman	Nurse,
Basketmaker,	Gatekeeper	Prefect
Brewer,	Glassworker,	Silversmith
Brickmaker	Harvester,	Slave,
Carpenter,	Jeweler,	Tentmaker,
Charioteer,	King,	Woodworker
Clerk,	Laborer	



- What is the ratio of books in the Bible (i.e. Old Testament: New Testament)? \_\_\_\_\_\_
- Where could you find the verse, passage in the Bible 'Jesus Wept'? \_\_\_\_\_
- According to Genesis 19:26, whose wife was turned into a pillar of salt when she looked back?
- In Mark 10:46, what was the name of the blind beggar that Jesus healed on the highway outside Jericho?
- 5. Who was the son of Ruth and Boaz? \_\_\_\_\_
- 6. In Genesis 6:14, who was told, by God, to build an Ark?
- 7. In Judges 14:13, who was told to 'put forth thy riddle'?
- C |H||A||R|| I ||O||T||E||E||R||E||W||E||R||B R R R AEB Ρ С т Е Е E С F M EGO т S s Е S Е С S R Е ME s С Ρ Α s N P s A O в G S C R Ν 0 R G Ν Α в S
- 8. Which is the longest verse in the Bible?
- According to Numbers 27:1, how many daughters did Zelophehad have? \_\_\_\_\_\_
- 10. According to Deuteronomy 34:1, And Moses went up from the plains of Moab to the mountain of Nebo, to the top of \_\_\_\_\_\_peak?
- 11. According to Exodus 31:18, the Ten Commandments were written with \_\_\_\_\_?
- 12. Which book of the Bible comes after second Timothy?
- 13. Who was sent to the Potter's house? \_\_\_\_\_
- 14. According to Genesis 2:10-14, which is NOT a river that parted from the Garden of Eden? Pishon, Euphrates, Gihon and Ephraim?
- 15. In John 11:35, whose death caused Jesus to weep?

# Moravian Multipurpose Complex

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Only ten minutes away from the stores, shops and banks in St. John's. Our International airport is also just ten minutes away.

Our balcony provides a refreshing view of undulating hills and valleys.

The Conference Center has a seating capacity for 200 persons.

We are situated on a hill over-looking the picturesque out-skirts of the city of St. John's, Antigua.

There are EIGHT LARGE APARTMENTS which are available for rental. Each room is self contained with kitchenette. The rooms are air-conditioned with available internet cable TV. All utilities are included with the exception of telephone.

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daoN .ð 21. Titus	5. Obed 11. Finger of God	4. Bartimaeus 10. Pisgah	3. Lot 9. 5 15.Lazarus	2. John 11:35 8. Esther 8:9 14. Ephraim	1. 39:27 7. Samson 13. Jeremiah

## hivin Sible Trivia